

	VIDEO	AUDIO	
1	VIDEO		1
2	ALEX - P-V-A-M-U QUARANTINE Take VO FSG of COVID-19	<u>ALEX</u> To remain sane during the COVID-19 pandemic, Alex looks for activities to occupy her days in self-isolation.	2
3	MCU of Alex in front of a sink WS of Alex in the living room	She began the first day with a refreshing face mask to help feel more relaxed. Later on, she did a few lunges to incorporate some physical activity.	3
4	MCU of Alex in bathroom WS of living room	When she felt the need to entertain herself further, she lip-synced to the song "hashtag selfie." As the day dragged to a close, Alex bowled a mini-game alone, and almost got a strike.	4
5	MCU of Alex in M-S-C	The following day, Alex decided to ignore calls for social distancing. She and a friend had a cartwheel contest on the second floor of the M-S-C. She learned a dance and enjoyed Catfish Friday.	5
6	ES of PVAMU	When the day neared its end, Alex took a look around the deserted campus. She is currently still adjusting to Spring in self-isolation.	6